



**ELIZABETHTON  
CITY SCHOOLS**

**Experience Excellence**

## APRIL 2019 EAST SIDE LUNCH MENU

Choice of milk served with each meal.

This institution is an equal opportunity provider.

<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
1  PB & J Sandwich or Pizza Stick/ Marinara or Corndog, Green Beans, Salad, Mixed Fruit	2  PB & J Sandwich or Nachos/Cheese Sauce or Deli Sandwich, Refried Beans, Fresh Veggies, Mandarin Oranges	3  PB & J Sandwich or Sloppy Joe on Bun, French Fries, Coleslaw, Peaches or Pirate Snack Pack	4  PB & J Sandwich or Hamburger on Bun w/Lettuce/Pickle, Tator Tots, Baby Carrots Or Chef Salad/Crackers, Apple Wedges	5  PB & J Sandwich or Pig-in-a- Blanket or Ham & Cheese Sub, Oven Browned Potatoes, Fresh Veggies, Banana
8  PD DAY NO SCHOOL	9  PB & J Sandwich or Chicken Nuggets/Roll, Tator Tots, Fresh Veggies, Sliced Pears Or Garden Salad w/Egg & Cheese Stick, Sliced Pears	10  PB & J Sandwich or Pizza or Beans & Weiners/Roll, Corn, Salad, Orange Wedges	11  PB & J Sandwich or Chicken Fryz/Roll, Creamed Potatoes, Fresh Veggies, Fresh Pear OR Pirate Snack Pack	12  PB & J Sandwich or Taco Salad w/Lettuce, Tomato, Cheese or Ham & Cheese Sub, French Fries, Kidney Beans, Pineapple Tidbits
15  PB & J Sandwich or Fish Nuggets/Cornbread or Crispy Chicken Wrap, Pinto Beans, MCARONI & Cheese, Coleslaw, Mixed Fruit	16  PB & J Sandwich or Cheeseburger on Bun or Ham & Cheese Sub, Lettuce/Pickle, French Fries, Fresh Veggies, Mandarin Oranges	17  PB & J Sandwich or Saghetti/Meat Sauce/Roll or Grilled Cheese Sandwich, Green Beans, Marinated Veggies, Peaches	18  PB & J Sandwich or Corndog, Creamed Potatoes, Baby Carrots Apple Wedges Or Crispy Chicken Salad/Crackers, Apple Wedges	19  GOOD FRIDAY
22  PB & J Sandwich or Crispy Chicken Sandwich or Hot Dog on Bun, Baked Beans, French Fries, Applesauce	23  PB & J Sandwich or Meatloaf/Roll or Turkey Bacon Melt, Peas, Creamed Potatoes Fresh Pears	24  PB & J Sandwich or Pizza or Beans & Weiners/roll, Corn, Salad, Pineapple	25  PB & J Sandwich or Spicy Chicken Sandwich, Tator Tots, Baby Carrots, Orange Wedges or Garden Salad w/Egg & cheese Stick, Orange Wedges	26  PB & J Sandwich or Chicken Nuggets/Roll, Creamed Potatoes, Coleslaw, Sliced Pears or Pirate Snack Pack
29  PB & J Sandwich or Pizza Stick/ Marinara or Corndog, Green Beans, Salad, Mixed Fruit	30  PB & J Sandwich or Nachos/Cheese Sauce or Deli Sandwich, Refried Beans, Fresh Veggies, Mandarin Oranges			