



**ELIZABETHTON  
CITY SCHOOLS**

Experience Excellence

**DECEMBER 2018**

**ELIZABETHTON HIGH LUNCH MENU**

Choice of milk served with each meal.

This institution is an equal opportunity provider.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>TUFFY'S HOME COOKING</b>	3 Saucy Pulled Pork Sandwich Scalloped Potatoes Coleslaw	4 BBQ Chicken Breast Roll Creamed Potatoes Mixed Veggies	5 Beef-a-Roni with Roll Green Beans Marinated Veggies	6 Open Face Turkey Sandwich w/Gravy Creamed Potatoes Coleslaw	7 Spicy Taco Salad w/ Cheese, Lettuce, Tomato, Sour Cream Kidney Beans
<b>BETSY PIZZA PLACE</b> (all pizzas made from scratch)	Fiery Buffalo Chicken Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad	Southwest Taco Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad	Loaded Three-Meat Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad	Super Supreme Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad	Original Cheeseburger Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad
<b>CYCLONE GRILL</b>	Hamburger Crispy Chicken Nuggets Seasoned Fries Baked Beans	Corndog Spicy Chicken Sandwich Oven Brownd Potatoes Coleslaw	Popcorn Chicken Beef & Bean Burrito with Cheese Sauce Tator Tots, Salad	Classic Cheeseburger Chicken Fryz French Fries Baked Beans	Hot Ham & Cheese Sandwich Crispy Chicken Sandwich Tator Tots Coleslaw
<b>SALADELI (SALADS OR SANDWICHES)</b>	Assorted Fresh-Made Subs, Wraps & Croissants with Chips & Baby Carrots Choice of Toppings	Spring Mix or Chopped Romaine, Choice of Meat & Cheese, Assorted Salad Fixins Choice of Dressing	Assorted Fresh-Made Subs, Wraps & Croissants with Chips & Baby Carrots Choice of Toppings	Spring Mix or Chopped Romaine, Choice of Meat & Cheese, Assorted Salad Fixins Choice of Dressing	Assorted Fresh-Made Subs, Wraps & Croissants with Chips & Baby Carrots Choice of Toppings
<b>FRUIT CHOICES</b>	Apple Wedges Sliced Peaches	Melon or Fresh Pear, Pineapple	Orange Wedges Sliced Pears	Grapes or Fresh Pear, Applesauce	Banana Mandarin Oranges



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>TUFFY'S HOME COOKING</b>	10 Creamy Chicken Alfredo Green Beans Coleslaw	11 Saucy Sloppy Joe Creamed Potatoes Baked Beans	12 Spicy Chicken Fajita Refried Beans Mexican Rice	13 Spicy Meatball Sub Oven Browned Potatoes	14 Scrambled Eggs Sausage or Bacon Gravy, Biscuit Tator Tots
<b>BETSY PIZZA PLACE</b> (all pizzas made from scratch)	Fiery Buffalo Chicken Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad	Sweet Hawaiian Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad	Loaded Three-Meat Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad	Smoky BBQ Chicken Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad	Original Cheeseburger Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad
<b>CYCLONE GRILL</b>	Turkey Bacon Melt Crispy Chicken Nuggets Seasoned Fries Baked Beans	Corndog Spicy Chicken Sandwich Oven Browned Potatoes Coleslaw	Popcorn Chicken Nachos w/Cheese Sauce, Salsa Refried Beans Tator Tots, Salad	Classic Cheeseburger Chicken Fryz French Fries Baked Beans	Hot Dog w/Chili Crispy Chicken Sandwich Tator Tots Coleslaw
<b>BUILD YOUR OWN (SALADS OR SANDWICHES)</b>	Assorted Fresh-Made Subs, Wraps & Croissants with Chips & Baby Carrots Choice of Toppings	Spring Mix or Chopped Romaine, Choice of Meat & Cheese, Assorted Salad Fixins Choice of Dressing	Assorted Fresh-Made Subs, Wraps & Croissants with Chips & Baby Carrots Choice of Toppings	Spring Mix or Chopped Romaine, Choice of Meat & Cheese, Assorted Salad Fixins Choice of Dressing	Assorted Fresh-Made Subs, Wraps & Croissants with Chips & Baby Carrots Choice of Toppings
<b>FRUIT CHOICES</b>	Apple Wedges Sliced Peaches	Melon or Fresh Pear, Pineapple	Orange Wedges Sliced Pears	Grapes or Fresh Pear, Applesauce	Banana Mandarin Oranges



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<b>TUFFY'S HOME COOKING</b>	17 Soup or Chili & Grilled Cheese Sandwich Fresh Veggies	18 HALF DAY NO LUNCH	19 CHRISTMAS BREAK	20 CHRISTMAS BREAK	21 CHRISTMAS BREAK
<b>BETSY PIZZA PLACE</b> (all pizzas made from scratch)	Fiery Buffalo Chicken Spicy Pepperoni Piping Hot Cheese Corn Tossed Salad				
<b>CYCLONE GRILL</b>	Turkey Bacon Melt Crispy Chicken Nuggets Seasoned Fries Baked Beans				
<b>SALADELI</b> (SALADS OR SANDWICHES)	Assorted Fresh-Made Subs, Wraps & Croissants with Chips & Baby Carrots Choice of Toppings				
<b>FRUIT CHOICES</b>	Apple Wedges Sliced Peaches				



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	24 <b>CHRISTMAS BREAK</b>	25 <b>CHRISTMAS BREAK</b>	26 <b>CHRISTMAS BREAK</b>	27 <b>CHRISTMAS BREAK</b>	28 <b>CHRISTMAS BREAK</b>
	31 <b>CHRISTMAS BREAK</b>				