



**ELIZABETHTON
CITY SCHOOLS**

Experience Excellence

JANUARY 2019 EAST SIDE AND WANDELL ELC BREAKFAST MENU

Choice of milk and juice served with each meal.
This institution is an equal opportunity provider.

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	1 HAPPY NEW YEAR! NO SCHOOL	2 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL	3 Apple or Cherry Frudel Mandarin Oranges	4 Pop Tart Diced Peaches ELC - Mini Pancakes
7 Yogurt/Graham Cookies Applesauce	8 Mini French Toast Mandarin Oranges	9 Cereal Sliced Apples	10 Mini Cinnis Diced Peaches	11 Chocolate Oatmeal Bar Banana
14 PB/Jelly Uncrustable Raisins	15 Cereal Applesauce ELC - Frosted Mini Wheats	16 Mini Pancakes Mandarin Oranges	17 Yogurt/Graham Cookies Sliced Apples	18 Pop Tart Banana ELC - Mini Cinnis
21 MARTIN LUTHER KING DAY NO SCHOOL	22 Mini Waffles Applesauce	23 PB/Jelly Uncrustable Mandarin Oranges	24 Apple or Cherry Frudel Banana	25 Pop Tart Sliced Apples ELC - Mini Pancakes
28 Yogurt/Graham Cookies Applesauce	29 Mini French Toast Mandarin Oranges	30 Cereal Sliced Apples ELC - Cinnamon Toast Crunch	31 Mini Cinnis Diced Peaches	