

JANUARY 2019 EAST SIDE AND WANDELL ELC LUNCH MENU

Choice of milk served with each meal.

This institution is an equal opportunity provider.

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	1 HAPPY NEW YEAR! NO SCHOOL	2 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL	3 PB & J Sandwich or Crispy Chicken Sandwich or Hot Dog on Bun, Baked Beans, French Fries, Applesauce	4 PB & J Sandwich or Beans & Weiners/Roll or Chicken Nuggets/Roll, Creamed Potatoes, Peas, Sliced Pears
7 PB & J Sandwich or Pizza Sticks/Marinara or Corn Dog, Green Beans, Salad, Mixed Fruit	8 PB & J Sandwich or Nachos/Cheese Sauce or Ham & Cheese Sub, Refried Beans, Fresh Veggies, Mandarin Oranges	9 PB & J Sandwich or Chicken w/Fried Rice & Eggroll, Florentine Veggies, Salad, Peaches or Pirate Snack Pack	10 White Chicken Chili w/Tortilla Chips AND Grilled Cheese or PB Sandwich, Baby Carrots, Apple Wedges	11 PB & J Sandwich or BBQ Pork Sandwich or Ham & Cheese Sub, Oven Browned Potatoes, Fresh Veggies, Banana
14 PB & J Sandwich or Hot Dog on Bun or Beef & Bean Burrito, French Fries, Coleslaw, Applesauce	15 Taco Soup w/Tortilla Chips & Cheese AND Grilled Cheese or PB Sandwich, Baby Carrots, Sliced Pears	16 PB & J Sandwich or Pizza or Beans & Weiners/Roll, Corn, Salad, Baked Apples	17 PB & J Sandwich or Chicken Fryz/Roll, Creamed Potatoes, Fresh Veggies, Fresh Pear OR Pirate Snack Pack	18 PB & J Sandwich or Breakfast for Lunch (Scrambled Eggs, Sausage or Bacon, Biscuit, Gravy), Tator Tots, Orange Wedges
21 MARTIN LUTHER KING DAY NO SCHOOL	22 PB & J Sandwich or Cheeseburger or Ham & Cheese Sub, Lettuce/Pickle, French Fries, Fresh Veggies, Mandarin Oranges	23 PB & J Sandwich or Chicken Alfredo or Corn Dog, Green Beans, Marinated Veggies, Peaches	24 Chicken Noodle Soup AND Grilled Cheese or PB Sandwich, Baby Carrots, Apple Wedges	25 PB & J Sandwich or Pizza Sticks/Marinara Tator Tots, Salad, Banana or Pirate Snack Pack
28	29	30	31	



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PB & J Sandwich or Crispy Chicken Sandwich or Hot Dog on Bun, Baked Beans, French Fries, Applesauce	PB & J Sandwich or Meatloaf/Roll or Turkey Bacon Melt, Peas, Creamed Potatoes, Fresh Pear	PB & J Sandwich or Pizza or Beans & Weiners/Roll, Corn, Salad, Pineapple Tidbits	Chili with Beans AND Grilled Cheese or PB Sandwich Fresh Veggies, Orange Wedges	
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