

ELIZABETHTON HIGH SCHOOL

February 2012

Monday

Tuesday

Wednesday

Thursday

Friday



		<p>1 Biscuit & Gravy ----- Meatloaf/Roll or Hot Ham & Cheese Sandwich Creamed Potatoes Peas, Peaches</p>	<p>2 Waffle Sticks ----- Chicken Fryz/Roll or Tuna Salad Pita Oven Brown Potatoes Carrot/Raisin Salad Fresh Pear</p>	<p>3 Scrambled Eggs ----- BBQ Pork Sandwich or Deli Sandwich Tator Tots Slaw, Fruit</p>	<p>BREAKFAST SERVED EACH DAY WITH CHOICE OF MENU ITEM, BAGEL W/CREAM CHEESE, YOGURT, CEREAL, POP TART, JUICE, AND MILK ----- In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.</p>
<p>6 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL</p>	<p>7 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL</p>	<p>8 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL</p>	<p>9 Sausage Biscuit ----- Nachos/Cheese Sauce or Turkey Burger Refried Beans Salad, Fresh Pear</p>	<p>10 French Toast Sticks ----- Pizza Sticks/Sauce or Crispy Chicken Salad Corn Cobbette Celery Sticks, Orange</p>	
<p>13 Breakfast Pizza ----- Taco Salad or Bologna/ Cheese Sandwich Corn, Kidney Beans Pear Halves</p>	<p>14 Chicken Biscuit ----- Grilled Chicken Sandwich or BLT Salad/ String Cheese/Egg Sweet Potatoes, Fresh Veggies, Apple Wedge</p>	<p>15 Pancakes ----- Beef & Bean Burrito or Veggie/Cheese Wrap Mexican Rice, Peas & Carrots, Celery Sticks Tangerine</p>	<p>16 Fruit/Yogurt Parfait ----- Fish Sandwich or Turkey/Swiss Sub Great Northern Beans Slaw, Baked Apples</p>	<p>17 Biscuit & Gravy ----- Corn Dog or Grilled Chicken Salad Parsley Potatoes Fresh Veggies, Sherbet</p>	
<p>20 PARENT TEACHER CONFERENCE DAY NO SCHOOL</p>	<p>21 Waffle Sticks ----- Pizza or Tuna Melt Corn Cobbette Fresh Veggies Raisins</p>	<p>22 Sausage Biscuit ----- Baked Chicken Breast/ Roll or Hot Ham & Cheese Sandwich Florentine Veggies Slaw, Applesauce</p>	<p>23 Scrambled Eggs ----- Taco Soup/Tortilla Chips AND Grilled Cheese or PB Sandwich Fresh Veggies, Fruit</p>	<p>24 French Toast Sticks ----- Baked Ziti/Texas Toast or Turkey Pita Snap Peas, Baby Carrots, Fruit Salad</p>	
<p>27 Breakfast Pizza ----- Mini Burgers or Deli Sandwich Sweet Potato Fries, Pork & Beans, Banana</p>	<p>28 Chicken Biscuit ----- Teriyaki Chicken/Rice or Grilled Cheese Sandwich Glazed Carrots, Salad Tangerine</p>	<p>29 Pancakes ----- Crispy Chicken Sandwich or Chef Salad Baked Potato, Fresh Veggies, Pineapple</p>			