

# WEST SIDE ELEMENTARY



# February 2012

Monday

Tuesday

Wednesday

Thursday

Friday

|   |  |   |   |   |   |
|---|--|---|---|---|---|
|    |  | <p>1 Oatmeal</p> <p>Grilled Chicken Sandwich or BLT Salad/ String Cheese/Egg, Sweet Potatoes, Fresh Veggies Apple Wedge</p> | <p>2 Fruit/Yogurt Parfait</p> <p>Beef &amp; Bean Burrito or Veggie/Cheese Wrap Mexican Rice, Tator Tots, Baby Carrots Tangerine</p> | <p>3 Biscuit &amp; Gravy</p> <p>Pizza or Egg Salad Sandwich Corn Cobbette Fresh Veggies, Raisins</p>                                | <p>BREAKFAST SERVED EACH DAY WITH CHOICE OF MENU ITEM, CEREAL, TOAST, POP TART, FRUIT OR JUICE, AND MILK</p> <hr/> <p>In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.</p> |
|   |  | <p>6 PROFESSIONAL DEVELOPMENT DAY</p> <p>NO SCHOOL</p>  | <p>7 PROFESSIONAL DEVELOPMENT DAY</p> <p>NO SCHOOL</p>  | <p>8 PROFESSIONAL DEVELOPMENT DAY</p> <p>NO SCHOOL</p>  |   |
| <p>13 Sausage Biscuit</p> <p>Chicken Nuggets/ Cornbread or Grilled Cheese Sandwich Pinto Beans, Greens Kraut, Sherbet</p> | <p>14 French Toast Sticks</p> <p>Corn Dog or Grilled Chicken Salad Parsley Potatoes Fresh Veggies, Grapes</p>    | <p>15 Bagel/ Cream Cheese</p> <p>Taco Soup/Tortilla Chips AND Grilled Cheese or Ham Sandwich Fresh Veggies, Fruit</p>       | <p>16 Breakfast Pizza</p> <p>Mini Burgers or Hot Ham &amp; Cheese Sandwich Sweet Potato Fries Pork &amp; Beans, Banana</p>          | <p>17 Chicken Biscuit</p> <p>Baked Ziti/Texas Toast or Turkey Pita Green Beans, Baby Carrots, Mixed Fruit</p>                       |   |
| <p>20 PARENT TEACHER CONFERENCE DAY</p> <p>NO SCHOOL</p>  | <p>21 Pancakes</p> <p>Teriyaki Chicken/Rice or Steak Nuggets, Roll Snap Peas Salad, Tangerine</p>                | <p>22 Oatmeal</p> <p>Pig-in-a-Blanket or Chef Salad AuGratin Potatoes Fresh Veggies, Pineapple</p>                          | <p>23 Fruit/Yogurt Parfait</p> <p>BBQ Pork Sandwich or Deli Sandwich Tator Tots Slaw, Fruit</p>                                     | <p>24 Biscuit &amp; Gravy</p> <p>Turkey Burger or Crispy Chicken Wrap Mac &amp; Cheese, Great Northern Beans, Slaw Orange Wedge</p> |   |
| <p>27 Waffle Sticks</p> <p>Hamburger or Ham &amp; Swiss Sub, French Fries Fresh Veggies Applesauce</p>                    | <p>28 Scrambled Eggs</p> <p>Chicken Nuggets or Garden Salad/Egg/ Cheese, Broccoli, Baby Carrots, Mixed Fruit</p> | <p>29 Sausage Biscuit</p> <p>Spaghetti/Meat Sauce/ Texas Toast or Deli Sandwich, Green Beans Marinated Veggies, Banana</p>  |    |   |   |

